



# Eagles News

Issue: 236 May 2023

## **A Message from the Worthy President**

May and June! Boy, is there a lot of stuff going on for us in the upcoming months. We will get all the information and dates of the events coming up out to everyone. First, as my last month approaches, I wanted to take this time to thank all the Aerie Officers that have helped me this Fraternal year. As the president, I could not have gotten anything done without all their hard work. They have made my job easy. Also want to thank the Ladies Auxiliary for all that they do for all of us. From the monthly dinners (that so many of us look forward to) to all the funds raisers. As all of you know, they do so much for us each month. The next time you are in, thank them.

The Trustees have a tough job, too. Scheduling all our events, keeping us online and on time, getting, preparing, and transporting all the food items and drinks for the evening meals. They keep us going. Also want to take a second and thank Miss Theresa Hart and Miss Crystal Roe for helping me. Doing all the work with the sick and visiting. As most of you all know Miss T and Crystal have been doing this job and all the work around it all year. I have been asking and begging people to take over this position and I have failed so, to both these ladies: Thank you from the bottom of my heart.

The next big event on the schedule is the State Conference that is set for May 18<sup>th</sup> through 21<sup>st</sup>. We have evening dinners scheduled and we serve breakfast also. Mr. Ray has asked that everyone attending the conference dinner, Friday the 19<sup>th</sup> at 5PM here at our home, sign up and let him know what you and your family and guests would like to eat: Prime Rib or Salmon. There is a sign-up sheet at the bar. As already mentioned, breakfast is scheduled for Saturday morning from 8 to 10 AM. There will be a lunch served on Saturday after the Conference meetings end. We will need help setting that up. Mark your calendars at home and work. Great food prepared by our folks. The Best. Also, we will be needing help setting up tables and chairs as a starter, lots of work so please take this time to help us out. See me, or any of the Aerie Officers or any of the Trustees and let them know when you can help.

As a last statement I want to thank all of you for allowing me and supporting me this year as President of the Virginia Beach Aerie. It's been an honor and a privilege to work with all you fine people. Thanks again. Perry

## A Message from the newly elected 2023-2024 Worthy President

First off, I'd like to congratulate Perry on a great fraternal year and thank him for all that he's done to help further our organization. I'm very excited to be moving up to the office of Worthy President and know that I have some big shoes to fill. Congratulations to all the incoming officers, and I look forward to working together this upcoming fraternal year.

Speaking of the new fraternal year, our joint installation of officers is going to be on Saturday May 27th at 4PM. We would love to see everyone there to support our incoming Aerie and Auxiliary officers. We are asking everyone to bring a dish to share after the ceremony.

I just want to thank everyone for all of the support they've shown me over the years and I'm looking forward to this upcoming fraternal year. I'm always available if anyone has ideas or questions, so don't be afraid to reach out. Last but certainly not least, I'm excited to be able to work with Dot, our madam President, and know that our drive can help push 3204 to new heights.

Jon Hooten

## The other newly elected 2023-2024 Aerie Officers

Vice-President - Sol Barton

Chaplain - Kevin Bowser

Conductor - Mike Bukowski

Inside Guard - Jonathan Epstein

Secretary - Don Burch

Treasurer - Tom Sharpe

Trustee - Bill Dawson

Trustee - Jose Cruz, Jr.

Trustee - Tami Itri

Trustee - Tim Kearns

Trustee - Toby McLawhorn



## **A Message from the Madam President**

Our Thursday night crochet class is growing. Karen Norris is our knowledgeable and patient teacher. Whether you are a first timer or need a refresher course, join our group at 6:30 pm! Some nights there is more chatting than crocheting but it is always a lot of fun!

The April Auxiliary Dinner was a success. Linda MacDonald was the lead chef who prepared her special Mexican casserole dish. If you have a favorite recipe that you would like to have the ladies make, please let us know. The Ways & Means committee is always looking for new ideas. The Aerie delegates also served a wonderful meal on April 15, Lloyd Gorski's Pennsylvania style open face chicken dinner was delicious - good job men!

A motion was passed to accept the unanimous ballot for all nominated officers at our last meeting. I am happy to announce that we have a full slate of officers! Congratulations to:

Jr. Past Madam President Karen Norris

Madam Vice-President Corrine Smith

Madam Secretary Regina Ruark

Madam Chaplain Linda MacDonald

Madam Treasurer Connie Shiera

Madam Conductor Ann Bowser

Madam Inside Guard Mary Kenney

Madam Trustees Tricia Hartman, Brenda Kearns, and Penelope Oberst

I look forward to working with each of you as your Madam President. I want to thank Theresa Hart for stepping in and chairing our Sick and Visiting Committee this year. If you are interested in helping with a committee for the new Fraternal Year, please let me know. We have had the second reading for new and edited proposals for our by-laws. At our next meeting on May 2, we will have the 3rd reading and any discussion before voting. Stay tuned, if adopted, our meeting time will change to 7PM.

I hope to see you at the State Conference this month, it's going to be a great mix of business and fun, I'm really looking forward to the paint night and silent auction.

Dues are \$25 for Beneficial Members and \$24 for Non-Beneficial Members. If you're not sure, check your current dues receipt to see the amount. Make checks payable to FOE #3204 Ladies Auxiliary. Checks should be sent to the Madame Secretary. Your dues must be received before May 31. If you have any questions, please contact Regina at: [VB3204AuxSec@gmail.com](mailto:VB3204AuxSec@gmail.com).

# May 2023

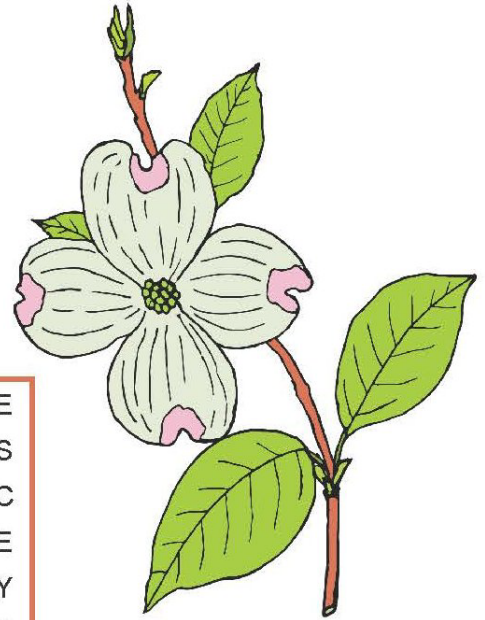
SUN	MON	TUE	WED	THU	FRI	SAT
30	<b>1</b> 5:00 pm - 8:00 pm Dinner Special – Chicken and Dumplings	<b>2</b> 5:00 pm - 8:00 pm Dinner Special – Pot Roast  6:30 pm - 7:00 pm ☐ JOM  7:30 pm - 9:00 pm ☐ Auxiliary Meeting	<b>3</b> 5:00 pm - 8:00 pm Dinner Special – Wings / Mushroom Swiss Burger	<b>4</b> 5:00 pm - 8:00 pm Dinner Special – Meatloaf  5:30 pm - 8:00 pm ☐ Free Birthday Dinner  7:00 pm - 8:30 pm ☐ Aerie Meeting	<b>5</b> 5:00 pm - 8:00 pm Dinner Special – Steak	<b>6</b> 5:00 pm - 10:00 pm Auxiliary Dinner
7	<b>8</b> 5:00 pm - 8:00 pm Dinner Special – Chicken Fried Steak	<b>9</b> 5:00 pm - 8:00 pm Dinner Special – Lasagna  7:00 pm - 8:30 pm ☐ Eagle Riders Meeting	<b>10</b> 5:00 pm - 8:00 pm Dinner Special – Stuffed Chicken Breast	<b>11</b> 5:00 pm - 8:00 pm Dinner Special – Spaghetti and Meatballs	<b>12</b> 5:00 pm - 8:00 pm Dinner Special – Steak	<b>13</b> 5:00 pm - 8:00 pm Alzheimer Dinner
<b>14</b> 9:00 am - 10:30 am Mothers Day Brunch	<b>15</b> 5:00 pm - 8:00 pm Dinner Special – Peel and Eat Shrimp	<b>16</b> 5:00 pm - 8:00 pm Dinner Special – Chicken Teriyaki and Fried Rice  7:30 pm - 9:00 pm ☐ Auxiliary Meeting	<b>17</b> 5:00 pm - 8:00 pm Dinner Special – Wings / Mushroom Swiss Burger	<b>18</b> 5:00 pm - 8:00 pm Dinner Special – Meatloaf	<b>19</b> 5:00 pm - 8:00 pm Dinner Special – Steak  6:30 pm - 9:30 pm Paint Night	<b>20</b> State Conference
<b>21</b>	<b>22</b> 5:00 pm - 8:00 pm Dinner Special – Pot Roast	<b>23</b> 5:00 pm - 8:00 pm Dinner Special – Pork Chop	<b>24</b> 5:00 pm - 8:00 pm Dinner Special – Linguini with Shrimp and Clams	<b>25</b> 5:00 pm - 8:00 pm Dinner Special – Beef Stew	<b>26</b> 5:00 pm - 8:00 pm Dinner Special – Steak	<b>27</b> 4:00 pm - 7:00 pm Joint Installation of 2023-2024 Officers
<b>28</b>	<b>29</b> 12:00 pm - 3:00 pm Memorial Day Picnic  5:00 pm - 8:00 pm Dinner Special – Stuffed Shells	<b>30</b> 5:00 pm - 8:00 pm Dinner Special – Salisbury Steak	<b>31</b> 5:00 pm - 8:00 pm Dinner Special – Wings / Mushroom Swiss Burger	<b>1</b> 5:30 pm - 8:00 pm ☐ Free Birthday Dinner  7:00 pm - 8:30 pm ☐ Aerie Meeting	<b>2</b>	<b>3</b>



# Virginia

## STATE SYMBOLS

DIRECTIONS: Find and circle the Virginia state symbols (IN CAPITALS) in the grid. Look for them in all directions including backwards and diagonally.



*State Folk Dance:*  
SQUARE DANCE

*State Fossil:*  
CHESAPECTEN  
(Jeffersonius)

*State Insect:*  
TIGER SWALLOWTAIL  
(Butterfly)

*State Motto:*  
SIC SEMPER TYRANNIS

*State Nickname:*  
OLD DOMINION

*State Rock:*  
NELSONITE

*State Shell:*  
OYSTER

*State Snake:*  
EASTERN GARTER

*State Song, Emeritus:*  
CARRY ME BACK  
(to Old Virginny)

*State Song, Popular:*  
SWEET VIRGINIA BREEZE

*State Song, Traditional:*  
OUR GREAT VIRGINIA

*State Bat:*  
(Virginia) BIG-EARED BAT

*State Dog:*  
(American) FOXHOUND

*State Beverage:*  
MILK

*State Drink:*  
MILK

*State Bird:*  
CARDINAL

*State Fish, Freshwater:*  
BROOK TROUT

*State Boat:*  
CHESAPEAKE BAY DEADRISE

*State Fish, Saltwater:*  
STRIPED BASS

*State Capital:*  
RICHMOND

*State Flower and State Tree:*  
FLOWERING DOGWOOD



VA Hospital donation of Health & Comfort drive in progress ends on Sunday, 21 May. Acceptable items: Deodorant, Soap, Toothbrush, Toothpaste, Disposable razors, Shaving cream, After Shave (non-alcoholic), Denture Cleaner, Shampoo, Hand/Body

lotion, Comb, Baby Powder, Emery Board, Nail Clippers, Mouthwash (Non-alcoholic), Shower Cap, Shower Shoes, Feminine Hygiene Items, Chap Stick, Sun visors, Sunglasses, Pocket size sewing kit, Composition notebooks, All occasion cards, Stamps and Paperback books (no hard cover books excepted due to space limitations). Please place donated items in the container marked 'VA Hospital' located outside the social room. Aerie donations are made to the Veterans in the VA Hospital each Memorial Day and Veterans Day. This has been an on-going joint effort that is supported by Hampton Roads Council of Veterans Organizations and Aerie 3204. Thank you for your kind support.

VA Electronic Health Record Modernization (EHRM) was delayed from October 2022 until June 2023 because the VA wanted to expand the software to new VA medical centers. Oversight committees were told that the VA is using this pause to make system enhancements and to perform tests to ensure the system is stable, resilient, and provides the capability VA employees and veterans need to improve access and quality of care. Department of Veterans Secretary McDonough extended the pause for implementing the EHRM program. There is growing concern on Capitol Hill about the long-term cost, safety, and reliability of the program. This new delay did not specify when implementation would resume. When the program started it was estimated that the cost would be \$16 billion over 10 years. However, a more recent independent estimate predicts \$33 to \$36 billion over 13 years.

Vietnam War Commemoration 'Welcome Home': A Nation honors our Vietnam veterans and their families at the National Mall, Washington, DC, May 11-13, 2023. This three-day event includes daily entertainment on the grounds, nightly sundown concerts, rally points and much more. The entire event is free to the public.

Armed Forces Week at Mission BBQ: FREE sandwich for Military & Veterans ARMY 5/15, MARINE CORPS 5/16. NAVY 5/17, AIR FORCE & SPACE FORCE 5/18 and COAST GUARD 5/19. Lunch with the HEROES, Saturday, 5/20, 11am-2pm arrive before Noon for live National Anthem.

Memorial Day Wreath Ceremony: On 27 May at Noon your Aerie along with some thirty eight other organizations who make-up the Hampton Roads Council of Veterans Organizations, will each place a wreath at the Tidewater Veterans Memorial in honor and remembrance of "Our Veterans" who have gone before us and who have secured our precious freedom. All Aerie members and guests are invited to attend this honored service.

Memorial Day at the Albert G Horton, Jr. Veterans Cemetery: To commemorate Memorial Day, flags will be placed on all grave sites and the Avenue of Flags will be erected along the circle drive.

On Memorial Day: The U.S. Flag is to be flown half-staff until noon, then it is to be raised to full staff.

Next HRCVO meeting: Monday, 5/22 at 7 PM VFW Post 392, all are invited to attend. Aerie members are encouraged to review the HRCVO site monthly, ([www.hrcvo.org](http://www.hrcvo.org)).

Veterans Day items: Our 2023 Veterans Day Grand Marshal will be Virginia State Senator Bill DeSteph, USN Retired. The Co-Marshal, a member of the Knights of Columbus will be Mr. Pat Rowland, USN Retired. The luncheon that follows the parade and formal ceremony will again take place at the DoubleTree hotel, (with Aerie support personnel) at approximately noon. Aerie 3204 will again play dual roles in the parade, that of support Parade Marshals, then as parade units. Aerie 3204 units presently are the Iwo Jima float and the Eagles Riders, (10 Motorcycles).




May important dates that may affect Veterans and others in Aerie:

- 05/01 Silver Star Day, May Day, and Loyalty Day
- 05/02 JOM 6:30 PM, Auxiliary meeting 7:30 PM
- 05/04 Aerie meeting 7 PM, National Day of Prayer,
- 05/05 Cinco de Mayo
- 05/08 VE Day is declared (1945)
- 05/09 Eagle Riders meeting 7 PM
- 05/12 Military Spouse Appreciation Day
- 05/13 Navy Nurse Corps established 1908
- 05/14 Mother's Day & Brunch
- 05/15 Peace Officers Memorial Day, (US Flag half-staff), Women's Army Corps Founded (1942)
- 05/16 Auxiliary meeting 7:30
- 05/18 Aerie meeting 7 PM
- 05/19 National Defense Transportation Day
- 05/20 Armed Forces Day

- 05/21 VA Hospital Drive ends
- 05/22 HRCVO meeting 7pm, National Maritime Day
- 05/27 Installation of Officers Aerie & Auxiliary 3204
- 05/29 Memorial Day, (fly U.S. Flag half-staff until Noon). HRCVO & Aerie 3204 Wreath laying 11 AM Tidewater Veterans Memorial, Aerie Picnic

Be sure to check the Aerie & Auxiliary newsletter calendars for more important days and items in May.

Questions concerning the above articles can be directed to Bob Freitag (497-3337), Aerie 3204 Veterans Day Chairperson.

<p><b>VA Hospital Health &amp; Comfort Drive</b></p>	 <p><b>Aerie 3204 Thank you for your kind support!</b></p>
	  <p><b>U.S. Department of Veterans Affairs</b></p> <p><b>DONATIONS NEEDED</b></p>
<p>Collecting Until May 21</p>	<p><b>Toiletries</b></p> <p>Deodorant, Soap and Body Wash, Toothbrush, Toothpaste, Disposable Razors, Shaving Cream, After Shave (non-alcoholic), Denture Cleaner, Shampoo, Hand/Body Lotion, Comb, Brush, Baby Powder, Emery Board, Nail Clippers, Mouthwash (non-alcoholic), Shower Cap, Shower Shoes, Personal Hygiene Products, Chap Stick</p> <p><b>Miscellaneous</b></p> <p>Sun Visors, Sunglasses, Pocket Size Sewing Kit, Composition Notebooks, All Occasion Cards, Stamps and Paperback Books (no hard cover books accepted due to space limitations)</p>
<p>A VA Hospital Collection Box is located in the Aerie entrance hallway</p>	<p>For More Information Contact Bob Freitag 757-497-3336</p>



# Save the Dates



## 2023-2024 Conferences / Convention

Event	Date	Location
Quarterly Conference	August 26, 2023	Wytheville Aerie #4554
Quarterly Conference & Fraternal Day	November 4-5, 2023	Piedmont Aerie #4420
Mid-Atlantic Conference	November 17-18, 2023	Winchester #824
Quarterly Conference	February 17, 2024	Outer Banks Aerie #4506
Quarterly Conference	May 18, 2024	Winchester Aerie #824
Annual State Convention	June 20-23, 2024	Piedmont Aerie #4420



GRAB YOUR DERBY ATTIRE AND JOIN US FOR OUR



# Ladies Auxiliary

## MAY DINNER

SATURDAY  
MAY  
6TH

Traditional Kentucky Hot Brown \$11.00  
With Derby Pie Bars for Dessert!

Dinner Served from 5 to 7:30 PM

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Music by DJ Walt from 6 to 10 PM  
50/50 and Craft Raffle to Benefit

Wildlife Center of VA - LOVES  
(Let Our Virginia Eagles Soar)

6:30 Kentucky Derby

AND

Best Hat Contest!





# **ALZHEIMERS DINNER**

**Beef Stroganoff with Broccoli w/ Hollandaise Sauce**

**\$15.00**

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**SATURDAY, 13<sup>th</sup> of May**

**Dinner Served**

**5:00 pm – 8:00 pm**

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**Gaming Tournament at 6:00 pm**

**Drawn at 8 50/50 Raffle to be 8:00 pm**



**ALZHEIMERS  
AWARENESS**





*Aerie Delegates Club  
Sunday Brunch*

*May 14 From 9 - 10:30 AM  
All You Can Eat For \$9*

*Aerie & Auxiliary Moms Eat Free!*



COME CELEBRATE

# ARMED FORCES WEEK

## MILITARY APPRECIATION DAYS

FREE SANDWICH for all active duty service members and veterans.  
Thanks For Your Service.

ARMY.....MON, 5/15

MARINE CORPS.....TUE, 5/16

NAVY.....WED, 5/17

AIR FORCE & SPACE FORCE.....THU, 5/18

COAST GUARD.....FRI, 5/19

AN INVITATION FOR ALL ACTIVE DUTY MILITARY & VETERANS



## LUNCH WITH THE HEROES

11:00AM-2:00PM

SAT, 5/20

Join us for a FREE SANDWICH and be sure to arrive before Noon for our live National Anthem.

MISSION BBQ



The American Way.

## Word Search

C	H	E	S	A	P	E	A	K	E	B	A	Y	D	E	A	D	R	I	S	E
M	Y	X	D	S	I	C	S	E	M	P	E	R	T	Y	R	A	N	N	I	S
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G	M	M	R	S	C	P	Z	K	Y	Z	K	K	G	M	E	D	L	E	L	J
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Q	K	C	R	O	M	X	E	I	M	S	P	L	R	I	C	H	M	O	N	D





WITH  
**Christian Allspach**

**Join us for an evening of creativity, fun and inspiration!**

**Friday May 19th, 6:30pm to 9:30pm**

**\$40.00 per person**

**RSVP Mary Burch (757-404-7249) or**

**Debbie Hall (757-407-4989)**

**Sign up by Friday May 5**

**All proceeds benefit State Madam President's Charity**

**Lung Cancer Research**

# **JOINT INSTALLATION of OFFICERS**



***Come Celebrate and Honor our Outgoing & Incoming Officers!***

***Saturday, 27 May 2023***

***Installing Officers Assemble 4:00 PM***

***New Officers Assemble 4:05 PM***

***Opening Ceremony 4:10 PM***

***Dress: Aerie 3204 Installing & Incoming Officers - Business Casual***

***Guests - Appropriate Attire***

***Happy Hour prices all day***

***Potluck Dinner following installation in the Social Room***

***All are asked to bring a covered dish or a dessert***

***Music – Jukebox***

***Fifty-Fifty - Proceeds to VA Hospital***

The poster features a background of red, white, and blue stripes with small grey stars. A white rectangular box with a red border contains the text. At the top, the words "Memorial Day" are written in a red cursive font. Below that, the word "Picnic" is written in a large, bold, blue sans-serif font. Underneath, the date and time "May 29 From 12 to 3PM" are written in a bold, blue sans-serif font. The bottom section contains two lines of text in a red serif font: "Hamburgers, Hot Dogs and Baked Beans will be provided. Please bring a dish to share!" and "No Charge for Members Guests are \$5.00 each".

*Memorial Day*

# Picnic

**May 29 From 12 to 3PM**

Hamburgers, Hot Dogs and  
Baked Beans will be provided.  
Please bring a dish to share!

No Charge for Members  
Guests are \$5.00 each